

# Pediatric Health History Form

CHILD'S NAME: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_ AGE: \_\_\_\_\_ M F  
Parent Name: \_\_\_\_\_ Parent Name: \_\_\_\_\_  
Parents: Married/Living Together Parents: Separated/Divorced (child primarily lives with) \_\_\_\_\_  
If Separated/Divorced, who has legal custody/medical making decision rights for this child: \_\_\_\_\_

## Primary Issue(s):

- Explain in as much detail as possible what issues your child has been experiencing: (Please include: How long symptoms have been occurring, approximate date of onset, location on body, what aggravates it, and what relieves it)  
\_\_\_\_\_  
\_\_\_\_\_
- Is the problem getting: Better Worse Unchanged (Explain) \_\_\_\_\_
- Have any studies been done: X-Ray MRI CT Scan Labs (Explain) \_\_\_\_\_

Other providers seen/treatments preformed: Pediatric Osteopathic Chiropractic PT OT Medications  
(Explain what has been done): \_\_\_\_\_  
\_\_\_\_\_

## Pregnancy and Birth History:

- Child is yours by: Birth Adoption Stepchild Other \_\_\_\_\_
- Pre-Natal Care: N Y Medications during pregnancy N Y What/ReasonFor: \_\_\_\_\_
- Age of Mother at pregnancy: \_\_\_\_\_ # Pregnancy: 1<sup>st</sup> 2<sup>nd</sup> 3<sup>rd</sup> Other \_\_\_\_\_ Problems Prior to Pregnancy N Y
- Smoked while pregnant: N Y #Per Day \_\_\_\_ Used Recreational Drugs while pregnant N Y(Type) \_\_\_\_\_
- Drank Alcohol while pregnant: N Y Wine/Beer Spirits/Liquor #Per Week: \_\_\_\_\_
- Complications during pregnancy None High Blood Pressure Diabetes Edema Pre-Eclampsia Eclampsia
- Any pain/bleeding during pregnancy: Y  (If yes, Explain) \_\_\_\_\_
- Events Occured/Drugs Used During Labor/Delivery: (Complications) \_\_\_\_\_  
Pitocin Epidural Vacuum Forceps VD Induced C-Section Nuchal Cord Premature \_\_\_\_\_
- Duration of Pregnancy: \_\_\_\_\_ Duration of Labor: \_\_\_\_\_ Duration of Pushing: \_\_\_\_\_
- Apgar scores: \_\_\_\_\_

## Immunizations/Vaccinations: (What type of schedule, if any, was or is being followed)

Recommended Schedule Delayed Schedule: (Explain) \_\_\_\_\_ None Given  
Any adverse reactions: N Y (If yes, what reactions) \_\_\_\_\_

## Dental History: Seen by dentist N Y How Often \_\_\_\_\_

Braces Head Gear Expander Tooth Extractions Fillings Root Canals Crowns Other \_\_\_\_\_  
Overall Dental Health: Excellent  Good  Fair  Poor



Bend Osteopathic Care PC

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## Trauma/Accident History:

Concussions/Head Injuries N Y (If yes how many) \_\_\_\_\_ Explain: \_\_\_\_\_

Motor Vehicle Accidents: N Y (If yes, how many) \_\_\_\_\_ Explain: \_\_\_\_\_

Injuries such as (Sports, Falls etc.): N Y \_\_\_\_\_

Emotional trauma: N Y \_\_\_\_\_

Sexual Abuse N Y Physical Abuse N Y Neglect N Y (explain) \_\_\_\_\_

Reported N Y \_\_\_\_\_ Child had/having therapy/treatment N Y \_\_\_\_\_ Resolved N Y Ongoing

## Current or Significant Medical Problems:

1. \_\_\_\_\_
2. \_\_\_\_\_

## Hospitalizations or Surgeries: (Examples: Sinus/Ear/Tonsils/Adenoids/Appendix/Fracture Repair/Dental/Other)

<u>Hospital</u>	<u>Date</u>	<u>Surgery/Treatment</u>	<u>Diagnosis</u>
1. _____	_____	_____	_____
2. _____	_____	_____	_____
3. _____	_____	_____	_____

## Family Health History: Include immediate blood relatives, i.e. parents/grandparents/aunts/uncles, siblings

Parent's: Ages and Health Status: \_\_\_\_\_

<input checked="" type="checkbox"/>	<b>Disease/Illness</b>	<b>Who</b>	<b>Alive Deceased</b>	<input checked="" type="checkbox"/>	<b>Disease/Illness</b>	<b>Who</b>	<b>Alive Deceased</b>
	Cancer		<input type="checkbox"/> A <input type="checkbox"/> D		Alcohol/Drug Abuse		<input type="checkbox"/> A <input type="checkbox"/> D
	Diabetes I or II		<input type="checkbox"/> A <input type="checkbox"/> D		Thyroid Disease		<input type="checkbox"/> A <input type="checkbox"/> D
	Heart Disease Type:		<input type="checkbox"/> A <input type="checkbox"/> D		Autoimmune Disorders Type:		<input type="checkbox"/> A <input type="checkbox"/> D
	High/Low Blood Pressure		<input type="checkbox"/> A <input type="checkbox"/> D		Liver Disease		<input type="checkbox"/> A <input type="checkbox"/> D
	High Cholesterol		<input type="checkbox"/> A <input type="checkbox"/> D		Kidney Disease		<input type="checkbox"/> A <input type="checkbox"/> D
	Heart Attack/Stroke/TIA		<input type="checkbox"/> A <input type="checkbox"/> D		Thyroid Disease		<input type="checkbox"/> A <input type="checkbox"/> D
	Anxiety/Depression		<input type="checkbox"/> A <input type="checkbox"/> D		Osteoporosis		<input type="checkbox"/> A <input type="checkbox"/> D
	Mental Illness Type:		<input type="checkbox"/> A <input type="checkbox"/> D		Rheumatoid Arthritis		<input type="checkbox"/> A <input type="checkbox"/> D
	Infectious Diseases Type		<input type="checkbox"/> A <input type="checkbox"/> D		Allergies		<input type="checkbox"/> A <input type="checkbox"/> D
	Asthma/Respiratory		<input type="checkbox"/> A <input type="checkbox"/> D		Other		<input type="checkbox"/> A <input type="checkbox"/> D

## History of Child's Symptoms

Does your child have or has your child experienced any of the following: (Please Tick which apply)

Antibiotics  (How many courses) \_\_\_\_\_ Scoliosis/Short Leg  Arthritis  Cystic Fibrosis  Multiple Sclerosis   
 ADD/ADHD  Sensory Integration Problems  Autistic Spectrum Disorder  Tourette's  Asperger's Syndrome   
 Eating Disorder's  Obesity  Diabetes Type I  Diabetes Type II  Substance or Alcohol Abuse



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Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

**CURRENT MEDICATIONS:** *Please list Drug & Dose or*  None

**SUPPLEMENTS**  None

Is your child Sensitive/Allergic/Intolerant to any of the following foods (Please Circle)	Milk/Dairy Wheat/Gluten Peanuts Soy Eggs Corn Yeast Chocolate Fish/Shellfish Citrus


**Allergies/Reactions to Medications:**  N  Y (Hives, Rash, Breathing Difficulties, Other)

## Social History:

Environmental exposures:  Smoking  Pets  Other \_\_\_\_\_

Quality of home life: \_\_\_\_\_

School - Does your child enjoy school:  N  Y

Does your child perform well academically:  N  Y (if No, Explain) \_\_\_\_\_

Does your child like sports/physical activity:  N  Y (what Sports) \_\_\_\_\_

Like games/crafts/music:  N  Y (Give Examples) \_\_\_\_\_

Good Social Skills with peers/adults:  N  Y (If No, Explain) \_\_\_\_\_

**Please describe your child's personality/temperament:** \_\_\_\_\_

## Diet:

### As an Infant:

Child was/is: Breast Fed  Breast/Bottle Fed  Formula/Bottle Fed

If Breast Fed, did/does child latch on easily:  N  Y

Did/does your child experience Colic:  N  Y

At what age did you start your child on Solid Foods: \_\_\_\_\_

### 1 year plus:

How much Fruit per day/week: \_\_\_\_\_ Vegetables: \_\_\_\_\_ Meat: \_\_\_\_\_

Does your child have a special diet (Low Fat, Vegetarian, Gluten Free etc.): \_\_\_\_\_

How much water does your child drink per day: \_\_\_\_\_

Soda's per day/week: \_\_\_\_\_

Caffeine: \_\_\_\_\_

**Sensitivities to Food/Environment**  N  Y Explain \_\_\_\_\_

## Habits:

Wear a Seatbelt:  N  Y Bicycle Helmet:  N  Y How many Hours Sleep Per  Night:

Sleep Habits: \_\_\_\_\_ Sleep Quality: \_\_\_\_\_

**Anything else to share:** \_\_\_\_\_



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<u>Review of Systems</u>	Yes, Now	Yes, Past	Never	<u>Review of Systems</u>	Yes, Now	Yes, Past	Never
<b>1.Constitutional</b>				<b>8.Urinary</b>			
Excessive Weight Loss				Frequent Urination			
Excessive Weight Gain				Painful Urination			
Loss of or Poor Appetite				Blood in Urine			
Change in Sleep Habits				Urinary Tract Infections			
Excessive Fatigue				Bed Wetting			
<b>2.Eyes</b>				<b>9.Integumentary/Skin</b>			
Vision Changes				Frequent Rashes			
Cross Eyed				Eczema/Psoriasis			
Problems with Squinting				Acne			
Wears Glasses/Contacts				<b>10.Neurologic</b>			
<b>3.Ear, Nose, &amp; Throat</b>				Problems w/Dizziness			
Hearing Problems				Head Injuries/Concussions			
Frequent Ear Infections				Headaches/Migraines			
Strep Throat				Epilepsy/Seizures			
Sore Throat				<b>11.Immunologic</b>			
Frequent Nose Bleeds				Seasonal Allergies			
Snoring Problems				Food Allergies			
Dental Problems				Red Itchy Eyes			
<b>4.Cardiovascular</b>				<b>12.Musculoskeletal</b>			
Heart Defect				Broken Bones			
Heart Murmur				Sprains			
Rapid Heart Beat/Palpitations				Coordination Problems			
<b>5.Respiratory</b>				Curvature of Spine			
Shortness of Breath				Posture Problems			
Difficulty Breathing				Joint Pain			
Chronic Cough				<b>13.Endocrine</b>			
Wheezing				Excessive Thirst			
Asthma				Cold Intolerance			
<b>6.Gastrointestinal</b>				Heat Intolerance			
Problems w/Diarrhea				Excessive Sweating			
Constipation				Swollen Glands/Lymph Nodes			
Blood in Stool				<b>14.Mental Health</b>			
Frequent Nausea/Vomiting				Agitation/Irritability			
Heartburn/Reflux				Anxiety/Depression			
Abdominal Pain				Frequent Crying			
<b>7.Hematologic/Lymphatic</b>				Trouble w/Focus & Attention			
Frequent Bruising				Hyperactive/Underactive			
Cuts Bleed for Long Time				Nail Biting/Hair Pulling			
Swollen Lymph Nodes				History of Cutting			



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